



BRAIN GAMES

This service includes the acquisition and application of compensatory memory and organization strategies, as well as focus on the following skill areas: executive functions, processing skills, perception and discrimination, higher order thinking, problem solving, processing speed and attention and concentration. Interactive exercises, structured programs, hands-on tasks, paper an pencil and assistive technology devices are used to accomplish individualized goals.

DANCE CHOREOGRAPHY

Individualized dance and choreography classes taught by a professional certified dance instructor. Classes aim to enhance creativity and self expression while improving flexibility, mobility, strength, balance, coordination, motor skills, memory, and self confidence.

MUSIC CLASS

Music classes are tailored to each individual's interests and ability level. Classes can include voice, keyboards, guitars, ukuleles or other simple instruments. The various facets of music are used to address creativity, relaxation and stress management, as well as, attention, encoding, decoding and memory skills.

OTHER CLASSES:

Photography
Videography
Wellness Coaching
Therapeutic Yoga
Group Effective Communication

*** We serve (and accept funding from)
DDD, TBI Fund, and CBVI.**



A PLUS TUTORING AND LEARNING CENTER, LLC

1540 Route 138 West, Building 2, Suite 201/202

Wall Township, NJ 07719

aplusadmin@ttpces.com

aplustutoringservices.org

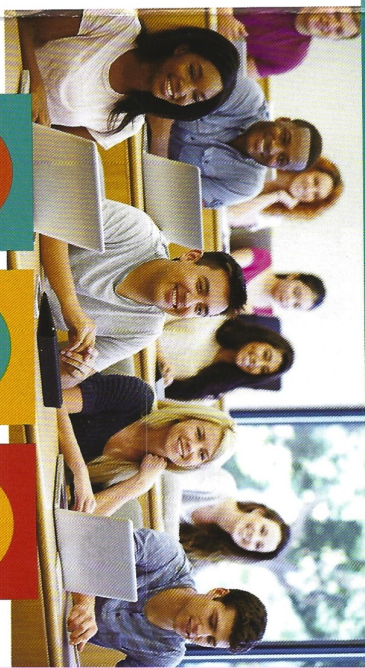
VISIT US!

From the North:

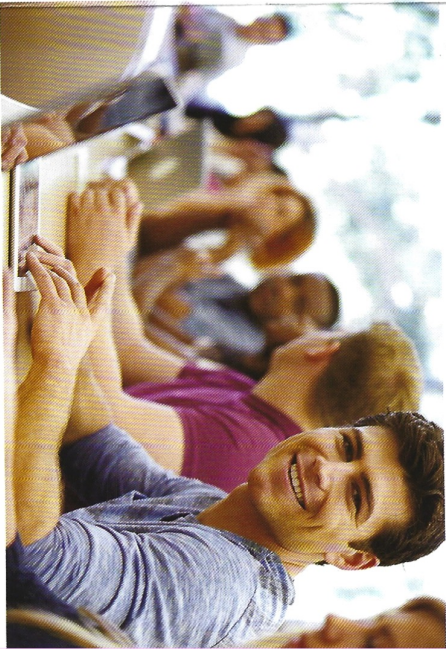
Take Route 18 and merge onto NJ 34 South toward Point Pleasant. Enter the next roundabout and take the second exit onto State Route 34/ NJ-34. Merge onto 138 East toward Belmar. Take the jug handle for Old Mill Road. Take a left at the light for Route 138 West. A Plus Tutoring and Learning Center is a quarter of a mile on the right side.

From the South:

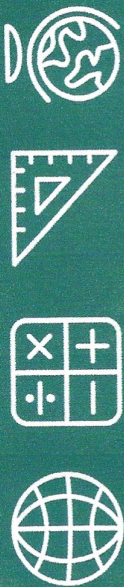
Take the Garden State Parkway North and merge onto NJ-138 East via Exit 98 toward Belmar/Wall Township/Spring Lake. Take the jug handle for Old Mill Road. Take a left at the light for Route 138 West. A Plus Tutoring and Learning is a quarter of a mile on the right side.



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(732)451-2096



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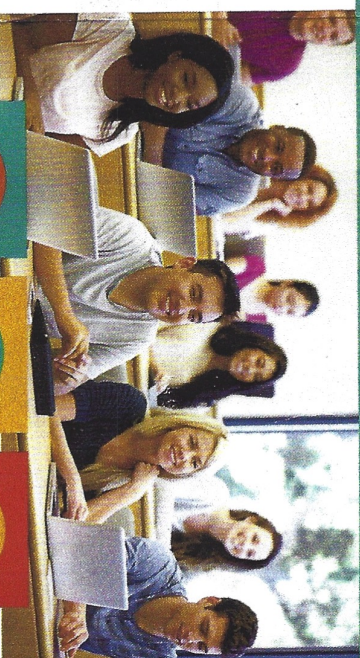
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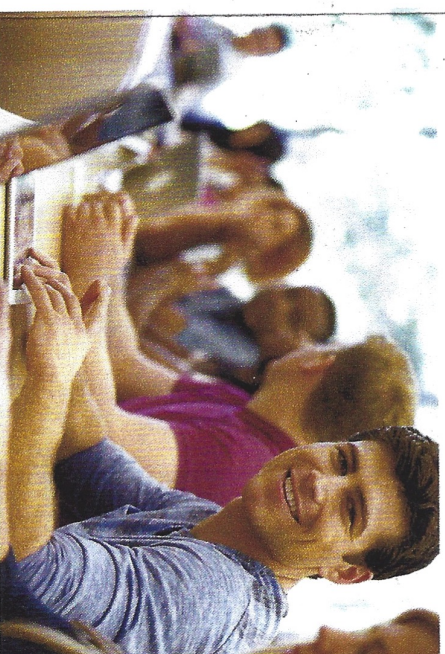
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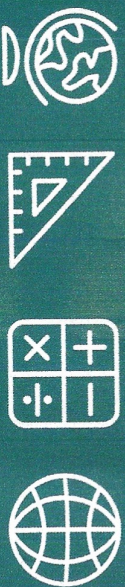
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About Us

At A Plus Tutoring and Learning Center, LLC, we recognize that the individual needs of our clients vary greatly within educational systems, personal living situations and future planning. A Plus Tutoring and Learning Center offers a variety of instruction for individuals of all ages and abilities who would benefit from enrichment and reinforcement of academics, advanced living skills and creative opportunities, specializing in servicing individuals with developmental disabilities. Our classes teach a variety of skills while providing opportunities for creativity, growth and independence. Our classes are offered both individually and in small groups that are appropriately chosen based on age and functional level and are tailored to meet diverse personal and academic goals. Our staff is highly trained and qualified to work with the general public as well as the special needs population.

Our staff includes Clinical Neuropsychologists, LCSW, Social Workers, NJ Certified Teachers, Certified Teachers of the Handicapped, Music and Art Teachers, Certified Therapeutic Yoga Instructor, Certified Brain Injury Specialists and Certified Interactive Metronome Instructors

Classes Offered

ACADEMIC TUTORING

NJ certified teachers provide tutoring for pre-elementary through high school level work, as well as, college level courses, test preparation and learning new information as it is related to job training. Our teachers identify specific learning styles and tailor learning to meet individual needs.

FINANCIAL LITERACY

This class is designed to provide clients with the basic skill sets necessary to live independently and to make informed and effective choices regarding finances and household management. Topics include, but are not limited to: budgeting and spending, designing a financial plan that includes short and long term goals, bill paying, managing a bank account, establishing credit and managing debt, independent living skills, understanding and purchasing insurance, basic tax preparation, and saving for the future.

INTERACTIVE METRONOME

This program builds neuroplasticity in the brain and is designed to train the brain to plan, process, and sequence information more effectively and efficiently. It utilizes a patented multi-sensory feedback system, which provides guidance and reinforcement to improve the foundation skills that are essential for learning and development. Improvement can be seen with processing speed, auditory, visual, and language processing, executive functions, sustained concentration and attention, motor planning, and timing skills after approximately 12 sessions.

SELF ADVOCACY/EFFECTIVE COMMUNICATION

This class will help acquire and enhance social skill development and improve communication in a one-on-one setting. The skills that will be introduced and reviewed are multifaceted, verbal and nonverbal, and include active listening, reflecting, patience and turn taking, as well as, expressing oneself. Clients will learn appropriate assertive means of advocating for themselves.

GED PREPARATION

DRIVER'S EDUCATION WRITTEN EXAM

ASSISTIVE TECHNOLOGY TRAINING

This class includes instruction for computers, iPhone, iPad, and a variety of other technological devices. The device and/or service with assist the client in achieving greater independence and self-sufficiency in daily life, school and work environments.

ADVANCED LIFE SKILL TRAINING

Advanced Life Skill Training is intertwined with cognitive skill development and compensatory strategy development and implementation as cognitive deficiencies greatly impact ADLs and higher levels of independence. The treatment focuses beyond ALDs and includes: executive functions, advanced problem solving, activities of daily living/functional skills, household management, organization, monthly managing of bills and paperwork, job search's and training, time management skills, decision making, initiation and follow through of responsibilities and tasks that work towards goals of increasing independence.

ART CLASSES AND JEWELRY MAKING

We offer individual and small group beginner, intermediate, and advanced level art classes that will provide opportunities to address cognitive, social and tactile difficulties through the use of various mediums, including, drawing, acrylics, watercolor, glass, canvas, wood, etc. Cognitive skills including, planning sequencing, flexibility and working memory are creatively address.

COOKING CLASSES

We offer individual classes for beginners through intermediate abilities. Planning, preparation, cooking, a clean up are instructed with an emphasis on safety and well being. Healthy meal planning and dietary restriction are addressed.

See next page for more classes...